

# NMPED

## Public Education Department

### District and Charter School Wellness Policy Review

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|---|---|
| <b>School District:</b>                         | Crownpoint Community School   |
| <b>Superintendent/Charter School Director :</b> | Vickie Blackwater   |
| <b>Designated Contact:</b>                      | Derryl Long   |
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| <b>Review Date:</b>                             | October 27, 2017  |

#### OVERALL APPROVAL

| SECTION   | Approved | Not Approved | Comments/Recommendations  |
|---|----------|--------------|---|
| Section I : Wellness Policy                                   | X        |              | Wellness Policy will need to be updated                                     |
| Section II: Nutrition   | X        |              | Follow USDA, NMPed Food Nutrition Guidelines                                |
| Section III: Quality Physical Activity                        | X        |              | Physical activities implemented in the daily school schedule for each grade |
| Section IV: Health Education Content Standards and Benchmarks |          | X            |   |
| Section V: Physical Education Requirement                     |          | X            |   |
| Section VI: Social and Emotional Well-being                   | X        |              | Two school counselors schedule counseling session for each grade            |
| Section VII: Other Wellness Policy Needs                      |          | X            |   |
| Comments:   |          |              |   |

**All items marked with an asterisk (\*) must be "met" before the School Wellness Policy can be approved by the PED.**

| Section I: WELLNESS POLICY   | Exceeds | Meets Minimum | Not Met | Comments/Recommendations  |
|--|---------|---------------|---------|---|
| *Wellness Policy completed following Federal 7 C.F.R pts 210 & 220 and PED NMAC 6.12.6.8   |         | X             |         |   |
| *School Health Advisory Council (SHAC) established   |         |               | X       |   |
| *Designate at least one person for the district to ensure wellness policy compliance and implementation  |         |               | X       |   |
| *Provide list of SHAC members to include: school food authority personnel, school board member, school administrator, school staff, students, parents, and members of the community(see Appendix A)  |         |               | X       |   |
| *SHAC meets at least twice a school year. (in reference to Wellness Policy and recommendations)  |         |               | X       |   |
| *School Wellness Policy available to the public  | X       |               |         |   |
| *A plan in place for measuring implementation and evaluation of the wellness policy  |         |               | X       |   |
| Section II: NUTRITION: District Wellness Policy meets requirements of section 204 of Healthy, Hunger-Free Kids Act of 2010, Public law 111-296<br>All areas of this section must be met for PED approval   | Exceeds | Meets Minimum | Not Met | Comments/Recommendations  |
| <input type="checkbox"/> Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for: school meal nutrition standards, and the Smart Snacks in School nutrition standards.6.12.5.8 NMAC Competitive Foods Standards (Smart Snacks) compliance<br><input type="checkbox"/> Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).<br><input type="checkbox"/> Create procedures for the documentation of fundraisers that do not meet the competitive food standards that must be limited to no more than two occasions per semester or trimester term per school, and may not be conducted during meal |         |               | X       | Our school does not fundraise during school hours, we do not participate in Smart Snacks. |

|  |                |                      |                |                                 |
|--|----------------|----------------------|----------------|---------------------------------|
| service or in the food service area (6.12.5.8 NMAC)<br><input type="checkbox"/> Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards<br><input type="checkbox"/> District schools meet or exceed local, state and federal nutrition requirements and/or USDA nutrition standards   |                |                      | X              |                                 |
| <b>Nutrition Continues</b>   | <b>Exceeds</b> | <b>Meets Minimum</b> | <b>Not Met</b> | <b>Comments/Recommendations</b> |
| <input type="checkbox"/> Free drinking water is made available to students in the place where lunch meals are served during the meal service<br><input type="checkbox"/> All schools will provide nutrition education activities that align with the New Mexico Health Education Content Standards with Benchmarks and Performance Standards as set forth in 6.29.6 NMAC.<br><input type="checkbox"/> Specific goals for nutrition promotion and education that promote student wellness and consider evidence-based strategies in determining these goals<br><input type="checkbox"/> Assurance of adherence to requirements re. possible food allergies in schools | X              |                      | X<br>X<br>X    |                                 |

| <b>Section III: QUALITY PHYSICAL ACTIVITY</b>   | <b>Exceeds</b> | <b>Meets Minimum</b> | <b>Not Met</b> | <b>Comments/Recommendations</b> |
|---|----------------|----------------------|----------------|---------------------------------|
| *Guidelines created to provide physical activity opportunities before, during and after school (6.12.6.8.D.3 NMAC)                      |                | X                    |                |                                 |
| *Physical activity is included as a health education topic (6.29.9 NMAC)  | X              |                      |                |                                 |
| Elementary schools provide daily recess for all students  | X              |                      |                |                                 |
| Assurance that schools are restricted from withholding physical activity from students as a form of punishment                          | X              |                      |                |                                 |
| Schools in the district encourage walking, biking, and skating as transportation modes to and from school                               |                |                      | X              |                                 |
| * Specific goals for physical activity that promote student wellness and consider evidence-based strategies in determining these goals. |                | X                    |                |                                 |

| <b>Section IV: HEALTH EDUCATION CONTENT STANDARDS AND BENCHMARKS</b>   | <b>Exceeds</b> | <b>Meets Minimum</b> | <b>Not Met</b> | <b>Comments/Recommendations</b> |
|--|----------------|----------------------|----------------|---------------------------------|
| * Health Education content standards with benchmarks and performance standards (6.29.1 NMAC Standards for Excellence)                              |                |                      | X              |                                 |
| *.5 credit of Health Education is offered in either middle or high school as a graduation requirement  |                |                      | X              |                                 |
| *Schools apply PED's "opt out" policy, regarding sexuality component of health education curriculum  |                |                      | X              |                                 |
| *Assurance that HIV instruction is provided ( 6.12.2.10 NMAC )   |                |                      | X              |                                 |
| *Lifesaving skills including psychomotor CPR, Automated External Defibrillator (AED) and Heimlich maneuver is included in Health Education courses |                |                      | X              |                                 |

| <b>Section V: PHYSICAL EDUCATION REQUIREMENT</b>   | <b>Exceeds</b> | <b>Meets Minimum</b> | <b>Not Met</b> | <b>Comments/Recommendations</b> |
|--|----------------|----------------------|----------------|---------------------------------|
| *The Wellness Policy includes a planned, sequential and developmentally appropriate K-12 physical education curriculum (6.29.1 NMAC Primary and Secondary education standards for Excellence General Provision) aligned to the Content Standards with Benchmarks and Performance Standards |                |                      | X              |                                 |
| Adapted PE is available to all students where appropriate  |                | X                    |                |                                 |
| *One unit of PE, or allowable alternative, is included as a district graduation requirement  |                |                      | X              |                                 |

| <b>Section VI: SOCIAL AND EMOTIONAL WELL-BEING</b>   | <b>Exceeds</b> | <b>Meets Minimum</b> | <b>Not Met</b> | <b>Comments/Recommendations</b> |
|--|----------------|----------------------|----------------|---------------------------------|
| *District Wellness policy includes a plan to address the behavioral needs of all students in the educational process by focusing on students' social and emotional wellbeing (6.12.6.8.D.6 NMAC)   |                | X                    |                |                                 |
| *Support services are available to all students  | X              |                      |                |                                 |
| *School staff members are trained in child abuse and neglect detection and reporting, per Section 22-10A-32, NMSA  | X              |                      |                |                                 |
| *Schools adhere to substance abuse reporting per Section 22-5-4, 4 NMSA 1978   |                | X                    |                |                                 |
| <b>Section VII: OTHER WELLNESS POLICY COMPONENTS</b>   | <b>Exceeds</b> | <b>Meets Minimum</b> | <b>Not Met</b> | <b>Comments/Recommendations</b> |
| <b>Students</b>  |                |                      |                |                                 |
| *Students with healthcare needs that may affect their school attendance and/or performance have Individualized Health Plans (IHP), which are separated from Individualized Education Program (IEP) plan but attached to the IEP of 504 plan based on a students' needs   | X              |                      |                |                                 |
| *Schools are compliant with 6.12.2.10 NMAC in reference to students who may be diagnosed with HIV/AIDS   |                |                      | X              |                                 |
| Statement addressing statute 6.12.2.8 NMAC, which makes it unlawful for any student to enroll in school unless the student is properly immunized or in the process of being properly immunized and can provide satisfactory evidence of such immunization, unless the child is properly exempted (7.5.3 NMAC)<br>NOTE: District ensures that students who are identified as homeless are not prevented from entering schools, based on inability to produce records normally required for enrollment, as per the McKinney-Vento Homeless Assistant Act | X              |                      |                |                                 |
| *The Wellness Policy includes the provision for any student in K –12, providing authorization to carry and self-administer health care practitioner prescribed asthma treatment and anaphylaxis emergency treatment medications, as well as the right to self-management of diabetes in school settings (6.12.2.9; 6.12.8 NMAC)  |                |                      | X              |                                 |
| * At a minimum, vision screenings are administered to students enrolled in pre-K, Kindergarten, 1 <sup>st</sup> and 3 <sup>rd</sup> grades (7.30.11 NMAC: Vision Screening Test Standards for Students)  | X              |                      |                |                                 |
| <b>Section VIII: STAFF WELLNESS</b>  | <b>Exceeds</b> | <b>Meets Minimum</b> | <b>Not Met</b> | <b>Comments/Recommendations</b> |
| *District and its governing boards and schools, implement policy to ensure the right to privacy of all school employees infected with HIV, keeping these safe and confidential   | X              |                      |                |                                 |
| *Create a plan to address the staff wellness needs of all school staff that minimally insures an equitable work environment and meets the Americans with Disabilities Act, Title III (6.12.6.8.D.9 NMAC)   |                |                      | X              |                                 |
| Schools provide staff with the information on activities related to personal health promotion and with the opportunity for every staff member to participate in these as feasible  |                | X                    |                |                                 |
| *Members of the school staff are allowed to participate on the district's SHAC, as per 6.12.6.8 NMAC Section E   |                |                      | X              |                                 |
| <b>Additional Comments:</b>  |                |                      |                |                                 |